

CLUB HUB Newsletter



Boys & Girls Club
of Kamloops

WINTER EDITION

DECEMBER 2017 to MARCH 2018

BUILDING A LEGACY: MusicMatters

For the last year we've worked in partnership with Kamloops Music Collective to bring free, group music programming to children who may not have the chance to participate in music lessons otherwise. With initial funding from the City of Kamloops Social Planning Grant, and support from the Kamloops Men's Chorus and Musician's Golf Tournament, we've been able to teach 60 kids the djembe drums, the ukulele, boomwhackers, how to read music, and more!

The kids loved the classes so much that Kamloops Men's Chorus asked if we could build a legacy music program called *MusicMatters*. With their generous donation of \$3000, we will be offering more music classes this spring...because music really does matter.

Thank you, Kamloops! Your support is incredible.



FEATURE STAFF: JEN McCORDIC



Jen has been a cherished member of our BGCK family for over 12 years. She started with our Club as the Lower Sahali Neighbourhood Club program leader, and has been our Little Club Kids program leader for eight years.

Jen is a consistent support at our Club. She always sees the good in people, and serves our members and families with compassion and understanding. The kids love to be around her and naturally gravitate to her fun, upbeat personality.

Jen is also someone we can count on. She is often the first person to sign up to volunteer at Club events and is always willing to lend a helping hand. We love that we can rely on her and trust that our Club kids are in the care of a warm and loving person. Thank you so much for all you do, Jen! Our Club wouldn't be the same without you.

WHAT'S BEEN HAPPENING?

Power Start Fundraiser

Our first corporate breakfast was a success.
Thank you to all who attended!



Urban Systems Auction

They raised over \$12,500 for our Power Start program. You rock!



All Aboard the Holiday Train!

Thank you, Rocky Mountaineer for inviting us. HoHoHo!



Family Day Festival

We had a blast at the City of Kamloops Family Day. Thanks for stopping by!



& so much more!



FEATURE PROGRAM: KID FOOD NATION

We're excited to announce our NEW cooking program for kids coming this April, *Kid Food Nation*! Our Club was selected by Boys and Girls Clubs of Canada to teach children how to cook and learn the importance of healthy eating. *Kid Food Nation* is a free, dietician-approved, 8-week program jam-packed with great activities, skills, and recipes for our members to explore together. This is a special opportunity for children 7 to 12-years-old, as it's a pilot project to see if *Kid Food Nation* will make a positive difference for children across Canada. Parent information nights coming soon!

Group 1: April to June (8-weeks), 10 to 12-years, maximum 10 children. **Group 2:** October to December (8-weeks), 7 to 9-years, maximum 10 children. More classes to come in 2019 and 2020! Stay tuned for details.

Get involved with Kid Food Nation at <https://kidfoodnation.ytv.com/> and enter the KFN **recipe contest** by April 1st for a chance to win a trip to Ottawa and a feature in the Kid Food Nation cookbook!



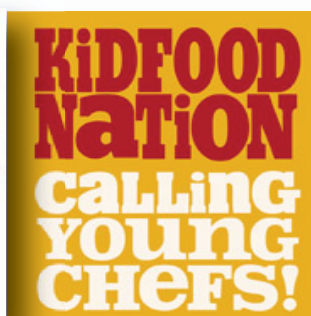
Canada



Boys & Girls Clubs
of Canada



CORUS.



IMPORTANT DATES & EVENTS

March 14th

Community Cooking Class
Nutrition Labels and Wrap Mixes

March 19th to 23rd

Club Open - Spring Break Camp

April 11th

Community Cooking Class
Breakfast Meals: Muffins & Frittatas

April 12th

French Pre-School Open House

April 2018

Kid Food Nation Cooking Classes start!
Stay tuned for details.

May 9th

Community Cooking Class
Alternatives to Meat

A BIG THANK YOU!

Thank you for your constant support and encouragement. Because of you, we launched 3 new youth programs and 4 new speciality programs this year. We couldn't do it without you!

DONORS

NRI Distribution
Carly Rowsome
Snap Fitness
Kamloops Elks Lodge #44
Valleyview Lions Club
B.C.G.E.U.
Urban Systems Foundation
Urban Systems Kamloops
Mary Ann Duak
Gap Inc.
Kelly and Country 103.1
Westland Insurance Group
Blazer Booster Club
KGHM

Kamloops Men's Chorus
Brian Olthius
Anonymous
Payton Commazetto
RBC Dominion Securities
Armstrong Family Foundation
St. Paul's Cathedral
Brenda Jorgenson
Kamloops Rotary West
Don
Sharon & Bryan McMullen
Bert Edwards Science & Technology
Nadine Ryan & MCFD

GRANTS

Jays Care Rookie League
Kid Food Nation
Sparc BC

Interior Savings
Gaming BC
Homeless Partnering Strategy

